

CABBAGES

Cut, cored, hand washed and outside leaves removed.

Green	Shredded
White	Shredded
Red	Shredded



COLESLAW

Shredded white cabbage (80%) and Grated carrot (20%)



STIR FRY

Shredded white cabbage (70%) Mixed peppers (20%)
Julienne carrot (5%) and Celery (5%)

MIXED VEGETABLES

Carrot (40%) Swede (20%) Parsnip (20%) Turnip (10%) and Leek (10%)

Large	20mm Diced
Small	10mm Diced
Baton	25mm x 10mm (Quantities as per diced)



SWEDES

Hand washed and peeled

Whole	Left whole
Diced	Large (20mm) Small (10mm)
Quartered	Whole, peeled & hand cut into quarter segments
Baton	25mm x 10mm



BUTTERNUT SQUASH

Hand washed and peeled

Whole	Left Whole
Sliced	5mm
Diced	Large (20mm) Small (10mm)



We Prepare fresh vegetables on a daily basis for delivery the following morning. It would therefore help us to help you keep costs down if orders are received by 12 noon on the day prior to delivery. For Chateau & Parisienne potatoes and any other "special orders" 48 hours notice would be appreciated. Late orders may incur a small surcharge and/or a delivery charge.

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