

TURNIPS

Washed and hand finished to remove blemishes

Whole

Left whole

**Diced
Baton**

Large (20mm) Small (10mm)
Selected large Turnip cut 25mm x 10mm



ONIONS

Large Onions (Red or White) hand peeled and washed

Whole

Left whole

**Diced
Sliced**

Large (20mm) Small (10mm)
2mm Sliced



SHALLOTS & BANANA SHALLOTS

Hand peeled and washed

**Whole
Sliced**

Left whole
2mm Sliced



We Prepare fresh vegetables on a daily basis for delivery the following morning. It would therefore help us to help you keep costs down if orders are received by 12 noon on the day prior to delivery. For Chateau & Parisienne potatoes and any other "special orders" 48 hours notice would be appreciated. Late orders may incur a small surcharge and/or a delivery charge.

T: 01223 861 637 | F : 01223 861 561
E: glenda@foodwellveg.co.uk | W: www.foodwellveg.co.uk

Hallcrest Farm | Burgess Drove | Waterbeach | Cambridge | CB25 9LL



CABBAGES

Cut, cored, hand washed and outside leaves removed.

Green	Shredded
White	Shredded
Red	Shredded



COLESLAW

Shredded white cabbage (80%) and Grated carrot (20%)



STIR FRY

Shredded white cabbage (70%) Mixed peppers (20%)
Julienne carrot (5%) and Celery (5%)

MIXED VEGETABLES

Carrot (40%) Swede (20%) Parsnip (20%) Turnip (10%) and Leek (10%)

Large	20mm Diced
Small	10mm Diced
Baton	25mm x 10mm (Quantities as per diced)



SWEDES

Hand washed and peeled

Whole	Left whole
Diced	Large (20mm) Small (10mm)
Quartered	Whole, peeled & hand cut into quarter segments
Baton	25mm x 10mm



BUTTERNUT SQUASH

Hand washed and peeled

Whole	Left Whole
Sliced	5mm
Diced	Large (20mm) Small (10mm)



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LEEKs

Selected Larger Leeks (whenever possible) trimmed and washed

Whole	Trimmed & Washed with most of the flag left
Sliced	By hand, to customer requirements & flag removed
Diced	20mm Diced
Shredded	Finely shredded on 6mm plate
Baton	25mm x 10mm



CELERIAC

Sliced	10mm Sliced
Diced	Large (20mm) Small (10mm)
Quartered	Whole, peeled and hand cut into quarter segments
Baton	25mm x 10mm



PEPPERS

Sliced	10mm Sliced
Diced	Large (20mm) Small (10mm)
Quartered	Washed and hand cut into quarter segments



CAULIFLOWER FLORETS

Selected Cauliflowers, hand cut into small florets (Green removed)

BROCCOLI FLORETS

Fresh Broccoli hand cut into small florets



COURGETTES

Washed & hand sliced (no waste) to customers requirements

Baton	25mm x 10mm
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BRUSSEL SPROUTS

Stems trimmed & outer leaves removed by hand

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